

St. Ignatius Fall Sports - 2014

****Mandatory Parents Meeting for ALL 5th grade parents and any NEW 5th-8th grade families Thursday, 8/21 5:30-6:30pm in the Garden Room****

Girls Volleyball

Varsity: (7th/8th graders)

Coaches contact: Trevor Meyer cableguys01@hotmail.com

Cathy Edwards cedwards@stignatiussac.org

"Preseason" practice:

- Monday 8/11, Wednesday 8/13 5:30-7:30

Tryouts: (season practice dates/times will be handed out after tryouts)

- Monday 8/18, Tuesday 8/19: 5:30-7:30

JV: (5th/6th graders)

Coaches contact:

"Preseason" practice:

- Tuesday 8/12, Thursday 8/14: 5:30-7:00

Tryouts: (season practice schedules will be handed out after tryouts)

- Monday, 8/18 and Tuesday, 8/19: 3-5pm

Cross Country Boys & Girls (5th, 6th, 7th, 8th graders)

****Please contact Coach Young if you're interested in running**

Coaches contact: Carrie Young 425-4819 fourtheyoungs@gmail.com

- Practice: (First practice will be held at William B Pond Park at the end of Arden Way near the first set of restrooms adjacent to the gazebo)
Wednesday, August 27: 5:30-6:15pm
- **Summer "On Your Own" Practice:** 15-30 minutes 3 days per week (every other day)
- **PLEASE NOTE:** We will try to work around Football, Volleyball and Soccer schedules to accommodate multi-sport athletes. We anticipate a 2 day per week practice schedule from 5:30-6:15pm.

Boys Flag Football (7th/8th graders)

Coaches contact: Greg Vlasek 838-0872 gregvlasek@gmail.com

Practice (SI soccer field): Monday 8/11, Thursday 8/14 & Friday 8/15 3:00-5pm

Once school starts: Monday, Thursday & Fridays 3:15-5pm

*Friday practices will continue until Friday U-6 soccer games begin