

# Dragon Hoops BASKETBALL CAMPS

2022



Incoming 2nd-9th Graders

**Camps from 9-Noon**

Session I: June 13-17th

Session II: July 11-15th

Session III: August 1-5th

**\*All camps for boys and girls\***

Hosted by:

St. Michael's Episcopal Day School

2140 Mission Ave

Carmichael, CA 95608

916-485-3418



Learn the principles of shooting technique.

***A camp designed for  
boys and girls interested in  
fundamentals and  
development skills  
for individual  
player improvement.***



Increase court vision with improved ball handling.

**\$150 Camp Fees Include:**

-  Fundamentals of Shooting
-  Ball Handling Drills and Technique
-  Rebound Positioning
-  Player Evaluation
-  Post/Guard Play
-  Offensive Concepts
-  Defensive Philosophy
-  Camp Tee Shirt



For more information, please contact  
Steve Grialou: [stevegrialou@smeds.com](mailto:stevegrialou@smeds.com)

## Camp Director



Coach Grialou

- Entering his eighth year as St. Michaels' 8th Grade Teacher
- 12 years PAL coaching experience.
- 6 years high school coaching experience, two as varsity head coach at Oakmont HS.
- Former Director of Basketball Operations at University of Michigan.
- Coach/counselor at Michigan, Cal, Stanford, and Michael Jordan Basketball Camps.



## Camp Schedule

**\*Campers will be broken up into two groups by age and ability to maximize positive results.**

### “FUNdamental Dragons” (Daily Emphasis)

- Day 1 - Ball Handling and Passing
- Day 2 - Shooting: Layups and Set Shots
- Day 3 - Screening and Rebounding
- Day 4 - Individual Offensive Moves and Defensive Positioning
- Day 5 - Team Offense and Defense

### “Advanced Dragons” (Daily Emphasis)

- Day 1 - Motion Offense: Reading screens and movement without the ball.
- Day 2 - Transition Offense: Rebound/Outlet/ Execution
- Day 3 - Man-to-Man Defense: Individual and Team Positioning
- Day 4 - Press Defense: Run & Jump/1-3-1 Zone
- Day 5 - Guard/Post Play & Team Play

Please cut and enclose this form with your mailed check

**PLEASE REGISTER BY May 20th TO RESERVE YOUR CHILD'S SPOT AND ENSURE CORRECT T-SHIRT SIZE**

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ School \_\_\_\_\_ Grade Next Year (September 2022) \_\_\_\_\_

Mail checks and form to:

**St. Michael's Episcopal Day School**  
c/o Steve Grialou  
2140 Mission Ave.  
Carmichael, CA 95608

Youth Small  Adult Small

Youth Medium  Adult Medium

Youth Large  Adult Large

Youth X-Large  Adult X-Large

Session I

Session II

Session III

**Camp Cost:  
\$150**

Please make checks payable to **Steve Grialou** or **Venmo @Steve-Grialou**