

# St. Ignatius Parish Faith Formation Opportunities

For more information please visit the parish website, [stignatiussac.org](http://stignatiussac.org), or contact: Fatima Avila-Ohlsen, Director of the Catechetical Ministries at 916-482-9666 ext. 1014 or [fohlsen@stignatiussac.org](mailto:fohlsen@stignatiussac.org)

## Children's Catechesis

**Children's Liturgy of the Word** - Our parish offers a program from September to April for school-age children (K-6th grade) at the 9:30 am Mass. The children are dismissed with an adult Catechist prior to the Liturgy of the Word and are invited to reflect on the Sunday Scripture readings according to their age level.

**Religious Education** - Our parish offers a Religious Education Program for school-age children (Kindergarten to Junior High) on Sundays from 10:30 am to 12:00 noon. This program gives children different opportunities to learn about God, and to grow in their faith and spiritual development.

## Sacramental Preparation

You may use the attached form to register for sacrament preparation programs.

**Baptism Preparation** - A program offered to parents who request Baptism for their child or Godparents who will witness and support the child in their faith journey. Parents can attend the classes before the birth of their child. This class is offered every month on the second Wednesday of the month. Jean Nelson is the volunteer Coordinator, under the supervision of Fatima Avila-Ohlsen.

**Confirmation Preparation** – Confirmation is a two-year process at the Jr. High level. Students are required to attend the Pre-Confirmation in their first year in order to be considered a candidate for Confirmation in the second year, when they receive the actual sacrament of Confirmation.

**First Eucharist Preparation** - Children receive First Eucharist and Reconciliation after a two-year preparation in our parish school or the Religious Education Program. These sacraments are usually received in the second grade. Older children are prepared to receive Eucharist and Reconciliation through the Children's Initiation Program.

**Marriage Preparation** – Parish priests individually prepare couples.

**Annulments** – Jean Nelson, a volunteer and a Parish Advocate for the Diocese, works with annulment cases in liaison with the Parish priests and the RCIA Director.

## Adult Catechesis

**Adult Education** - Our parish offers a variety of adult education opportunities throughout the year for adults who wish to deepen their faith and grow in their spiritual life.

**Catholics Come Home** - This program is for anyone who has been alienated from the Catholic Church and wishes to return. This program is offered once a year as need arises.

**RCIA- Rite of Christian Initiation of Adults/Children** - A process designed to assist people who wish to become members of the Catholic Church or wish to complete the Sacraments of Initiation: Baptism, Confirmation, and Eucharist. This process is offered to adults and adapted for school-age children who need to receive the sacraments of initiation.

**Adult Confirmation Program** - This program is for adults who are already catechized and need only to be confirmed. We offer this program once a year in January.