



# JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 NO SCHOOL	3 Veggie Straws w/ applesauce	4 Quesadillas w/ sliced pears	5 Goldfish crackers w/ carrots & ranch	6 Life cereal with sliced bananas
9 Veggie Straws w/ applesauce	10 Life cereal with sliced bananas	11 Goldfish crackers w/ carrots & ranch	12 Quesadillas w/ sliced pears	13 Ritz crackers with cream cheese & sliced oranges
16 NO SCHOOL	17 Ritz crackers with cream cheese & sliced oranges	18 Refried beans with tortilla chips & smashed avocado	19 Yogurt with Kix cereal topping with fresh melon	20 Mac & Cheese w/ peaches
23 Yogurt with Kix cereal topping with fresh melon	24 Refried beans with tortilla chips & smashed avocado	25 Air Popped popcorn with cheese sticks & apples	26 Mac & Cheese w/ peaches	27 pasta with butter & parmesan cheese with fresh melon
30 pasta with butter & parmesan cheese with fresh melon	31 Air Popped popcorn with cheese sticks & apples	Notes: Snack Calendar January 2023  All snacks are served with milk and water		