

PAL Required Coaching Certification

All three parts must be completed and or current, before a coach may practice or meet with his/her team.

All adults who work or volunteer on campus, with or without students, are required to have fingerprint clearance and Safe Environment Training on file with their respective schools. Athletic Directors and coaches have additional required certification. Please see below.

Please check the requirement for evidence that is kept in your coaches binder, which must be accessible at all practices, scrimmages, and practices.

PART I

Play Like a Champion Today

4-year PAL Certification followed by a renewal requirement

Three-hour workshop presented by the PAL – Schools are billed for participants.

Register online [here](#).

Or

Fundamentals of Coaching (with CA State Test!) – Lifetime Certification

National Federation of State High Schools – NFHS

Website: nfhs.org

Click: NFHSLearn.com

Click: Course <https://nfhslearn.com/courses/61113/fundamentals-of-coaching>

Click: Fundamentals of Coaching; Identify California as your state.

Log On: Cost is \$50 (This cost is NOT covered by your school)

PART II

Concussion in Sports (2 year certification - Date verified by Site Director)

<https://nfhslearn.com/courses/61064/concussion-in-sports>

PART III

Sudden Cardiac Arrest (2 year certification - Date verified by Site Director)

<https://nfhslearn.com/courses/61032/sudden-cardiac-arrest>