

Circle the children who are smiling.





Chapter 10: I Can Smile

In this lesson the children reflected on being happy. They learned that God wants them to be happy, and they were encouraged to try to make others happy. Ask your child what Jesus did to make others happy. Decide where your child could display the smiling face received in class.

Your Child

Children are sensitive to your moods. Try to maintain your child's natural happiness and peace by smiling and being cheerful, especially when you do not feel like it. Enjoy your child's lightheartedness by joining in with his or her silly talk, jokes, and games. Use humor to smooth over difficult events and to persuade your child to obey.

Reflect

Sing joyfully to God, all people. Live for God with gladness. Come before God with joyful song. (adapted from Psalm 100:1–2.)

Pray

God, may we praise you with joy forever.

Do

- In the mornings greet your child cheerfully.
- Make smiling face cookies with your child.
- Spend a day with your child. Do what makes him or her happy.
- Greet your neighbors and smile.
- With your child, plan a surprise for a family member that will make him or her happy.
- When you and your child have had a happy experience, thank God aloud.
- Before your child goes to bed, recall the day's happy events.
- Read to your child *Where's Your Smile*, *Crocodile?* by Claire Freedman. Name ways to spread happiness. Thank God for all the people who share happiness with others.

For more family resources, refer to the Family Activity Booklet and visit www.loyolapress.com/preschool.

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