

# SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## September 2023 Snack Menu

All snacks are served with 2% milk and water

01

Refried Beans  
Tortilla Chips  
Smashed  
Avocado

04

05

06

07

08

No School

Refried Beans  
Tortilla Chips  
Smashed  
Avocado

Pasta with butter  
& Cheese w/  
celery sticks

Cheerios w/  
milk and sliced  
bananas

Make your own  
pizza: english  
muffins, pizza  
sauce, veggies &  
ham

11

12

13

14

15

English Muffins  
w/ Strawberry  
Jelly & cheese  
sticks

Pasta with  
butter & Cheese  
w/ celery sticks

Tater tots  
with sliced  
cucumbers

Quesadillas  
w/ apple  
slices

Life cereal w/  
milk and  
banana  
slices

18

19

20

21

22

Quesadillas  
w/ apple  
slices

Life cereal  
w/ milk and  
banana  
slices

Ritz crackers  
w/ wow  
butter & fresh  
melon

English  
Muffins w/  
Strawberry  
Jelly & cheese  
sticks

No School

25

26

27

28

29

Tater tots  
with sliced  
cucumbers

Ritz crackers  
w/ wow  
butter &  
fresh melon

Goldfish  
crackers w/  
carrots &  
ranch

Wheat  
crackers w/  
sliced cheese  
& fresh melon

Veggie  
Straws w/  
apple sauce