

ST. IGNATIUS PARISH SCHOOL

**JUNE 20TH-  
23RD**

# **SPEED, STRENGTH & CONDITIONING SUMMER CAMP**



5TH-8TH GRADE | 8AM-9:30AM | BOYS & GIRLS



**EVIDENCE-  
BASED  
SKILLS  
TRAINING  
FOR ALL  
SPORTS &  
STUDENTS**

**Cost: \$80**

Early-bird & multi-camp  
discounts are available.

For more info email [Danpeterson@Stignatiussacschool.org](mailto:Danpeterson@Stignatiussacschool.org)